

South Fremont Seniors February 2012

624-3458

www.sfseniors.info



Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																				
<p>WED. The 1st. Mayor Thueson will be here to have lunch with us. Will tell us how the city is doing & will answer questions</p>			<p>1 BBQ Ribs Au gratin Potatoes Coleslaw, Green Beans Cornbread, Milk Cheesecake</p>	<p>2 BBQ Beef Sandwich Potato Salad Fruit, Milk Dessert <i>Groundhog Day</i></p>	<p>3 </p>	<p>4 Monday Pinochle</p>																																																																																				
<p>5 Wed. The 8th Alan Parker & Jeri Rawson will entertain us on piano, drums and some singing.</p>		<p>6 Baked Potato Bar Broccoli Cheese Sauce Hamburger Gravy Applesauce Milk, Scones Dessert</p>	<p>8 Lasagna Green Salad French Bread Milk, Fruit Valentines Strawberry Shortcake</p>	<p>GROUND HOG DAY Sloppy Joes Macroni Salad Milk, Fruit Dessert</p>	<p>10 </p>	<p>11 Wednesday Bingo</p>																																																																																				
<p>12 Wed. The 15th Pearl & Chuck Rawson to entertain us with some country music.</p>	<p>13 Salsibury Steak Potatoes & Gravy Cucumber/Tomato Salad, Milk, Peas Fruit, Dessert</p>	<p>14 Beef Stronganoff Broccoli, Muffins, Milk Cottage Cheese w/Mandrin Oranges Strawberry Cake <i>Valentine's Day</i></p>	<p>15 Baked Chicken Potatoes & Gravy Orange Salad Corn, Rolls, Milk Banana Cream Pie</p>	<p>16 Taco Salad Deviled Eggs Fruit, Milk Dessert</p>	<p>17 </p>	<p>18</p>																																																																																				
<p>19 Wed. The 22nd Linda & Leslie Merrill will thrill us with their fine country music.</p>	<p>20 Spaghetti Green Salad Breadsticks, Milk Peaches Brownies <i>President's Day</i></p>	<p>21 Chicken & Noodles over Mash Potatoes Carrot Raisin Salad Milk, Dessert</p>	<p>22 Baked Ham Au gratin Potatoes California Blend Veggies, Rolls, Milk Pistashio Salad Carrot Cake</p>	<p>23 Broccoli Cheese Soup Ham Salad Sandwich Fruit, Milk Dessert</p>	<p>24 </p>	<p>25 United Way What Matters </p>																																																																																				
<p>26 Wed. The 29th The Oak Creek Band will treat us to some special country gospel music!!</p>	<p>27 Chicken Lasagna Italian Salad Breadsticks, Milk Applesauce Dessert</p>	<p>28 Baked Fish Macaroni & Cheese Pea Salad Rolls, Milk Dessert</p>	<p>29 Country Fried Steak Potatoes & Gravy Dill Carrots, Milk Fruit Salad, Rolls Peach Cobbler <i>Leap Day</i></p>																																																																																							
			<p>SENIORS 60+ & Spouse Suggested Donation \$3.00 Menus are subject to change without notice!! USDA is an equal opportunity provider and employer.</p>	<p>NON-SENIORS 13 thru 59 - \$4.00 Ages 12 & Under \$1.50</p>	<p>January</p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					<p>March</p> <table border="1"> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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